



# Seacoast Christian Academy Preschool Snack Menu (August-November)

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Aug. 17-21</b> <b>Sept. 14-18</b> <b>Oct. 12-16</b> <b>Nov. 9-13</b>	<u><b>AM Snack</b></u> <b>String Cheese</b>  <u><b>PM Snack</b></u> <b>Teddy</b> <b>Grahams</b>	<u><b>AM Snack</b></u> <b>Applesauce</b>  <u><b>PM Snack</b></u> <b>Ritz w/</b> <b>Cheese</b>	<u><b>AM Snack</b></u> <b>YoGurt</b>  <u><b>PM Snack</b></u> <b>Sliced</b> <b>Oranges</b>	<u><b>AM Snack</b></u> <b>Bananas</b>  <u><b>PM Snack</b></u> <b>Cheez-It</b>	<u><b>AM Snack</b></u> <b>Goldfish</b>  <u><b>PM Snack</b></u> <b>Fruit snack</b>
<b>Aug. 24-28</b> <b>Sept. 21-25</b> <b>Oct. 19-23</b> <b>Nov. 16-20</b>	<u><b>AM Snack</b></u> <b>Yogurt</b>  <u><b>PM Snack</b></u> <b>Mini Pretzels</b>	<u><b>AM Snack</b></u> <b>Sliced Cheese</b>  <u><b>PM Snack</b></u> <b>Teddy</b> <b>Graham</b>	<u><b>AM Snack</b></u> <b>Veggie</b> <b>Straws</b>  <u><b>PM Snack</b></u> <b>Fruit snack</b>	<u><b>AM Snack</b></u> <b>Sliced</b> <b>Oranges</b>  <u><b>PM Snack</b></u> <b>Teddy</b> <b>Graham</b>	<u><b>AM Snack</b></u> <b>Applesauce</b>  <u><b>PM Snack</b></u> <b>Nutri-Grain Bar</b>
<b>Aug. 31-Sept. 4</b> <b>Sept. 28-Oct. 2</b> <b>Oct. 26-30</b> <b>Nov. 23-27</b>	<u><b>AM Snack</b></u> <b>String Cheese</b>  <u><b>PM Snack</b></u> <b>Teddy</b> <b>Grahams</b>	<u><b>AM Snack</b></u> <b>Applesauce</b>  <u><b>PM Snack</b></u> <b>Ritz w/</b> <b>Cheese</b>	<u><b>AM Snack</b></u> <b>YoGurt</b>  <u><b>PM Snack</b></u> <b>Sliced</b> <b>Oranges</b>	<u><b>AM Snack</b></u> <b>Bananas</b>  <u><b>PM Snack</b></u> <b>Cheez-It</b>	<u><b>AM Snack</b></u> <b>Goldfish</b>  <u><b>PM Snack</b></u> <b>Fruit snack</b>
<b>Aug. 24-28</b> <b>Sept. 21-25</b> <b>Oct. 19-23</b> <b>Nov. 16-20</b>	<u><b>AM Snack</b></u> <b>Yogurt</b>  <u><b>PM Snack</b></u> <b>Mini Pretzels</b>	<u><b>AM Snack</b></u> <b>Sliced Cheese</b>  <u><b>PM Snack</b></u> <b>Teddy</b> <b>Graham</b>	<u><b>AM Snack</b></u> <b>Veggie</b> <b>Straws</b>  <u><b>PM Snack</b></u> <b>Fruit Snack</b>	<u><b>AM Snack</b></u> <b>Sliced</b> <b>Oranges</b>  <u><b>PM Snack</b></u> <b>Teddy</b> <b>Graham</b>	<u><b>AM Snack</b></u> <b>Applesauce</b>  <u><b>PM Snack</b></u> <b>Nutri-Grain Bar</b>